



partnering with  
**BERNINA**

VZWE02 & VZFR04

# Modern FPP Fundamentals

Veruschka Zarate



## Key Details

- Sewing Machine with Open-toe Foot Required
- Pattern Included — You will receive a Hard Copy in Class
- Fabric Kits Available from [lou@allthingsbernina.co.nz](mailto:lou@allthingsbernina.co.nz)

## Needs

### Pattern Prep

- Cutting Paper Pieces**  
The more prep work that takes place BEFORE class, the more sewing and instruction time we will have. However, if you rather wait for class, that is fine as well.
- You may cut out your pattern pieces before class in order to have more sewing time. If you choose to cut out the pattern pieces before class, the pattern includes details on how to cut the pattern pieces out.
- If you are feeling optimistic, you can also GLUE together the pieces that have Glue Edges. However, this will be covered in Class.
- I also recommend printing off a SECOND copy of the paper pieces as Back-Up for mistakes or rips or tears.
- Organize the pattern pieces in alphabetical order for quicker access (an office alphabetizer or file folder can help).



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## Fabric Prep

### Pre-Starching

Whether you decide to select your own fabric or purchase the fabric kit, I recommend starching your fabric ahead of time and giving the fabric a nice iron over. I personally do not pre-wash because Bella Solids are very high quality, However, I do starch all the fabric before I start a sewing project. This will help make the sewing process more successful. **DO NOT** precut your fabric into fabric shapes.

### Thread

You are welcome to bring whatever thread you prefer. My preference is WONDERFIL 80wt DECOBOB in a gray shade. You can also have a look at my complete collection of Threads called "Joy of Creation."

## Supplies

### Pattern

The Paper Pattern for the Workshop Project is included in the cost of the workshop and will be distributed to students at Symposium.

You must source your own fabrics using the Fabric Colors & Requirements Sheet in in the Pattern.

Fabric Bundles for this project are available for a separate purchase with Lou Reeves of "All Things Bernina" Shop in Auckland for \$125 NZD.

Please contact her directly for Fabric Bundles at: [lou@allthingsbernina.co.nz](mailto:lou@allthingsbernina.co.nz)

### Notions & Tools

I recommend making a list of your personal sewing items that make you comfortable and will ensure your sewing experience is as enjoyable as possible, such as fresh



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needles, fresh rotary blades, extra lighting, extension cords, etc. Below are some items and supplies to consider for our class together:

**Ironing:**

- Tailors Clapper
- Wool Mat
- Pressing surface
- Small spray bottle

**Cutting:**

- A small cutting mat
- Rotary cutter
- Fabric scissors
- Paper scissors

**Rulers:**

- Ideally an "12in ADD a Quarter Ruler" OR  
(1) straight edge ruler AND (1) 6in Quilting Ruler

**Misc Items:**

- Lint Roller
- Wonder clips
- Pins
- Seam Ripper
- Tweezers (My favorite are Swiss Style by Tula Pink)
- Elmers School Glue stick
- Pencil



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- IPAD - to see illustrations instead of on paper (Optional)
- Small basket for scraps
- Small Trash Bin
- White Painters/Artists Tape
- Light Box (Optional)
- School House Color Pencils
- Small Portable Design board (Optional)
- Sticky Notes

**Enquiries to:** [prideandjoyquilting@gmail.com](mailto:prideandjoyquilting@gmail.com)